



WELCOME!

You have been scheduled for an upcoming surgery at St George Surgical Center.

Our office will contact you the **business day prior** to your surgery to provide at time to report for surgery. When we speak with you, we will ask about your health history, certain medications that you may take and give you pre-operative instructions for your surgery.

******If you will need an interpreter of any kind please contact our office at 435-673-8080 to request these services as soon as you have a surgery date ******

Many of the questions and instructions included on this sheet will be covered in the phone interview, if you have questions on any of this information please ask our office at that time. The phone interview will take approximately 10-15 minutes.

IF OUR OFFICE HAS NOT BEEN IN CONTACT WITH YOU BY 4:00pm PLEASE CONTACT US.

If we are unable to speak with you or a family member by 4:30pm your surgery will be cancelled and you will need to reschedule with your Doctor. If you know that you will not be available the business day prior, please contact our office to make special arrangements.

When you report for surgery, please have with you these items and completed forms:

(You will not be taken to surgery until forms are complete)

- **Photo ID**
- **Insurance cards**
- **Anesthesia Form (gold)**
- **Medication/Allergy History Form (pink)**
- **Patient Information form (orange)**

Thank you for choosing St George Surgical Center, we look forward to serving you!

Revised 4/16

Our office will contact you the **business day prior** to your surgery to provide at time to report for surgery. When we speak with you, we will ask about your health history, certain medications that you may take and give you pre-operative instructions for your surgery.

Many of the questions and instructions included on this sheet will be covered in the phone interview, if you have questions on any of this information please ask our office at that time. The phone interview will take approximately 10-15 minutes.

- ✓ Adults: nothing to eat or drink (including water or coffee) after midnight the night prior to your surgery.
- ✓ Children: no solid food after midnight. Clear liquids (including breast milk) up to 4 hours before surgery.
- ✓ Nothing to eat or drink includes any chewing gum, mints, brushing teeth, coffee or smoking the day of surgery.
- ✓ Colonoscopy / EGD patients: Follow Doctor's instructions.
- ✓ Please shower the morning of surgery with an antibacterial soap, such as Dial.
- ✓ Please be sure your hair is dry before coming in for surgery. No Hair pins, buns or pony tails. Keep hair down.
- ✓ No lotion, make-up or jewelry. **Remove ALL piercings & metals**
- ✓ Do you have a Latex or Tape Allergy or sensitivity?
- ✓ Do you take blood Thinners, Fish Oil, or Vitamin E (Coumadin, Warfarin, Heparin, Plavix, Xarelto, Aspirin, Ibuprofen, etc.)
- ✓ Most blood thinners MUST be stopped at least 4 days prior to surgery, please discuss this with your doctor
- ✓ Do you take Blood Pressure or Heart Medications or any Water Pill?
- ✓ If you take a water pill and are having general anesthetic we MUST have a Potassium Test done within 72 hours of surgery
- ✓ Are you Diabetics? **Please bring your own insulin with you the day of surgery. Hold oral medications until after surgery**
- ✓ Do you have Asthma, Sleep Apnea or other Respiratory Problems? **If you use an inhaler, please bring it with you. If you use a CPAP machine and will be staying overnight, either at the Surgical Center or a hotel/home, please bring your CPAP.**
- ✓ Do you take Anti-Seizure Medications?
- ✓ **Please complete the Medication & Allergy History form (pink) thoroughly**
- ✓ Do you wear contact lenses? (If so please remove and wear glasses.)
- ✓ Are you having orthopedic surgery? Bring crutches, braces, etc with you, if needed.
- ✓ Please be prepared to wear clothing appropriate to procedure *ie.* Loose fitting pants or sweats, button front, short sleeve, big shirts or sweaters, slip on or lace-up shoes (no boots), etc. No tight fitting jeans or tops. **Leave Valuables at Home.**
- ✓ Do you have any Advance Directives?
- ✓ Are you currently having or have you had any of the following symptoms in the last week: Fever (101.5 or greater) cough, congestion, sore throat, weakness, muscle pain, headache, vomiting, diarrhea, abdominal pain or abnormal bleeding?
- ✓ Have you traveled outside of the US or Canada in the past 60 days, or been in contact with anyone who has?
- ✓ You will need someone to drive you home. Please be prepared to provide the person's name and phone.
- ✓ If you are having any type of anesthesia or sedation you will need someone to drive you home and stay with you for 24 hours following surgery. Please make the appropriate arrangements.

Please be aware that surgery times are estimates. Please do not make other plans the day of surgery and keep your phone close, as it may be necessary to adjust arrival time (earlier or later).

When you report for surgery please be sure to bring the following:

- Photo ID and Insurance Cards
- Completed Medication/Allergy History Form (pink)
- Completed Anesthesia Questionnaire (gold)
- Completed Patient Information Form (orange)